'Tis the Silly Season

FREE!

KHULA WEBINAR

Client communication and conflict de-escalation strategies
to help you survive — and *thrive* — through peak season.



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A little gift
from us to you!

♡ Khula

DON'T LET THE GRINCH STEAL YOUR JOY.

Silly Season on its way?
You've trained for this.

Khula



Presented by

Penny Stopforth

BSocSci (Hons), MA Clinical Psychology

Registered Clinical Psychologist

60 MINUTES

1 CPD POINT

ON-DEMAND

3 MONTHS' ACCESS

FOR THE ENTIRE VETERINARY TEAM

The festive season can bring increased pressure, heightened emotions and challenging interactions for veterinary teams.

Join clinical psychologist Penny Stopforth as she explores what happens when stress takes over, and practical ways to manage conversations, support colleagues and navigate the festive rush.

UNDERSTAND THE TRIGGERS

Why peak season puts clients and veterinary teams under pressure.

BEHIND THE BEHAVIOUR

What happens in the brain during conflict and stressful interactions.

READ THE ROOM

Recognise different client stress responses — and your own.

KEEP YOUR COOL

Practical techniques to de-escalate conflict and manage your own reactions.



REGISTER NOW!

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